

REV. CHUCK DE GROAT, PH.D., LPC

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EDUCATION

Harold Abel School of Psychology, Capella University, Minneapolis, MN

Ph.D. in Educational Psychology

Dissertation: Expectation versus reality among male graduates of seminary who entered the ministry: A phenomenological study 2008

Reformed Theological Seminary, Oviedo, FL

Master of Arts in Mental Health Counseling 1999

Master of Divinity 1998

Two graduate courses completed at Keble College, Oxford University 1997

Dordt College, Sioux Center, IA

Bachelor of Arts in Philosophy 1992

VOCATIONAL EXPERIENCE

Western Theological Seminary, Holland, MI

2013–present

Professor of Counseling and Christian Spirituality

- Founding Executive Director of Clinical Counseling Program
- Interim Doctor of Ministry Director

Independent Practice

2008–present

Pastoral Coach and Consultant

Newbigin House of Studies

2013–2020

Senior Fellow

Newbigin House of Studies

2009–13

Co-Founder and Vice President

City Church San Francisco

2009–13

Teaching Pastor, Founder & Executive Director, Counseling Center

Reformed Theological Seminary, Oviedo, FL

2003–2015

Adjunct Professor (full-time course load 2006–2009)

- Currently teaching two courses per year
- Courses taught: Psychology in Relation to Theology I and III, Systematic Theology Overview, Classics of Personal Devotion, Sanctification, Church and the World, Field Education, Counseling in Community Settings, Educational Ministry in the Church, Preaching Lab II, Preaching Lab III, Group Theories, Vocational Counseling

Reformed Theological Seminary, Oviedo, FL

2006–2008

Director of Spiritual Formation

- Led a faculty team through a curriculum revision process for greater spiritual formation

Rock and Sling: A Journal of Art, Literature and Faith

2007–2008

Book Reviews Editor

Reformed Theological Seminary, Oviedo, FL

2007–2008

Director of Spiritual Formation and Field Education

Northland Church – Oviedo Counseling Center**2005–2008**

Clinical Supervisor

Independent Practice**1999–present**

Licensed Therapist

- Clinical counseling covering a range of issues, including marriage, sexual and emotional abuse, addiction, and mood and personality disorders

Willow Creek Presbyterian Church, Orlando, FL**1998–2005**

Pastor of Spiritual Formation

- Includes starting and directing Willow Creek Counseling Center, pastoral care, and leadership of small group ministry; started Sojourn, an evening alternative, liturgical, and missional worship service, which included weekly preaching and overall leadership

RECOGNITION

- American Bible Society Distinguished Scholar Award 1997
- Top Ten Sermons of 2011 Preaching Today (at Christianity Today)
- Top Ten Sermons of 2013 Preaching Today (at Christianity Today)
- Outreach Magazine Top Books of 2014 – Toughest People to Love
- Leadership Journal Top Books of 2015 – Toughest People to Love
- Distinguished Alumni Award – Dordt College – 2018
- Evangelical Publishers Association Book Award Finalist for When Narcissism Comes to Church -2021
- Outreach Magazine Resource of the Year – Counseling and Relationships - When Narcissism Comes to Church – 2021
- Evangelical Christian Publishers Assoc. Christian Book Award® program Finalist - Ministry Resources – When Narcissism Comes to Church – 2021
- Christianity Today Award of Merit – When Narcissism Comes to Church - 2021

SEMINARS, RETREATS, AND PRESENTATIONS

2027

- Keynote and Breakout Speaker - Restore Conference, Plano Conference Center, TX.
- Speaking on Clergy Health for ECO Presbytery, South FL.
- Faculty for Soul Care Institute, Retreat #2 on “The Path of Spiritual Transformation” for two retreats - North Carolina and Colorado Springs, CO.

2026

- Speaker - Made to Flourish – Training on Pastoral Formation
- Speaker - Hope College Chaplains Training
- Retreat Leader - Queens Connexus - A Two-Day Seminar on Diagnosing Cultures of Unhealth and Creating Cultures of Flourishing
- Keynote Speaker - Martha R Jones Lecture Series, Asbury Theological Seminary and University, KY
- Faculty for Soul Care Institute, Retreat #2 on “The Path of Spiritual Transformation” at camp Geneva, MI
- Speaker, Southern New England Ministry Network of the Assemblies of God - Cultivating Health and Wholeness for Ministers
- Speaker – When Narcissism Meets Pastors and Missionaries - Winning at Home, Zeeland MI
- Speaker – New Life Church (Brooklyn NY / Pastor Rich Villodas) on Pastoral Care

2025

- Retreat Leader, Ministry Collaborative Cohort for lead pastors across the United States
- Keynote Speaker, SOFE School of Formation, Portland OR

- Speaker, KINEO Men's Retreat, Puerto Rico
- Faculty for Soul Care Institute, Retreat #2 on "The Path of Spiritual Transformation" for two retreats - North Carolina and Colorado Springs, CO.
- Retreat Speaker, Young Life's "The Good Way" Spiritual Formation Ministry, Colorado Springs, CO
- Speaker, CRU Retreat, Ohio State University

2024

- Faculty for Soul Care Institute, Retreat #2 on "The Path of Spiritual Transformation" in W Michigan
- Keynote, Metro Baltimore Seminary/Chapelegate Presbyterian Church Retreat/Conference
- Retreat Speaker, Barnabas Center, Charlotte NC
- McKnight Lectures, First Presbyterian Church, Augusta GA
- Keynote, Richmond University, When Resilience Comes to Church: Contagious Fortitude for Life & Leadership, Chattanooga, TN
- Preconference Speaker, Eugene Peterson Center Doxology Conference
- Keynote, Houston Baptist Association pastors conference
- Speaker, One Fellowship Anglican Church Charleston Men's Retreat
- Presenter, Thriving in Ministry Lily Grant proposal on secondary trauma retreat with Jonathan French and Justin Holcomb

2023

- Keynote Retreat Speaker, Spiritual Formation Society of Arizona
- Redeemer Counseling Center, Orlando FL
- Faculty for Soul Care Institute, Retreat #2 on "The Path of Spiritual Transformation" for two retreats - North Carolina and Colorado Springs, CO.
- Keynote Speaker, Managing Leadership Anxiety Conference with Steve Cuss, Denver CO

2022

- Faculty for Soul Care Institute, Retreat #2 on "The Path of Spiritual Transformation" in W Michigan
- Alumni retreat for WellSpring SoulCare Ministry
- Speaking for multiple events at the Center for Christian Studies at the University of Virginia
- Retreat for All Souls in Charlottesville, VA on the theme of wholeheartedness
- Men's retreat for Hope Community Church in Charlotte NC
- Staff retreat for the Colossian Forum in Grand Rapids MI
- Staff retreat and board donor dinner speaker for Hope Road Counseling Center in Longview TX

2021

- Resilient Leadership Seminar, Wheaton College Billy Graham Center
- Six-week discipleship and spiritual formation training for campus ministry leadership of Reformed University Fellowship (Presbyterian Church in America's campus ministry arm)
- "Ministry in the Land-Between" for Church Now Conference, CRC and RCA pastors in Michigan
- Faculty for Soul Care Institute, Retreat #2 on "The Path of Spiritual Transformation" in Colorado and in North Carolina
- "The Health of a Pastor During Covid-19" one-day seminar for British Columbia Conference of Mennonite Pastors
- "Ministry and Mental Health" seminar for the North Carolina Study Center at UNC Chapel Hill
- "Narcissism in the Church" presentation for pastoral care workers, hospital chaplains, and health workers in the Integris Health System in Oklahoma.
- DMin course on the Dynamics of Spiritual Transformation, Fuller Theological Seminary
- Teaching Seminar on Spiritual Abuse for Bishop Todd Hunter and ACNA clergy

2020

- Narcissism and Boundaries for the Soul Webinar with Dr. Alison Cook
- "Conflict and Compassion" Fuller Theological Seminary Doctor of Ministry Course
- "Wholeheartedness and the Enneagram" at Midland Reformed Church in Midland MI

- A variety of smaller teaching sessions for area churches of the Surge Network in Phoenix, AZ
- Webinar on When Narcissism Comes to Church for Your Enneagram Coach, the Teaching Ministry of Beth McCord
- Community Group Leader Training and Support for Covid-19 for Christ Church, Berkeley, CA
- Church-wide seminar on anxiety for Christ Church Intown, Jacksonville, FL
- Leadership Training on Non-Anxious Presence Amidst Covid-19 for Walnut Creek Presbyterian Church
- Calvin University Noontime Lecture Series “Narcissism in the Church”
- Speaker for Church as Refuge, London England
- Speaker and Consultant for Ferguson Road Church on Church Health

2019

- Men’s Retreat at Pillar Church MI
- Wholeheartedness Talks at Sojourn Church Louisville KY
- A Lenten Lab called “The Contemplative Mind for a Contemporary World” at All Souls Church, Boulder CO
- Pastor’s Retreat for Ministers in NW Iowa
- Soul Care Institute Retreat
- “Knowing and Telling Your Story “ at Austin Seminary
- Facilitator at Restoring the Soul Retreat, Colorado Springs, CO
- “Authenticity, Wholeness, and Skeletons in our Closet” at Christ Memorial Church, MI
- Celebrate Recovery Retreat at Santa Cruz Bible Church
- “Deepening Spiritual Transformation” Fuller Theological Seminary Doctor of Ministry Course
- Wholeheartedness Retreat for Memorial Presbyterian and Providencia Church in West Palm Beach
- Moderator for a Faith and Partisanship Event with Dr. Kristin DuMez, Congressional Candidate Rev. Bryan Berghoef, and Brian McLaren in Holland MI
- “Wholeheartedness and the Christian Journey toward Union with God” at Mars Hill Church Formation School

2018

- Potters Inn Alumni Retreat, Colorado
- “Wholeheartedness Talks” for LeTourneau University Honors College Conversations
- Preaching at Wheaton College Chapel
- “The Enneagram and Christian Formation” at Trinity Christian College, Palos Heights IL
- Preaching at Maple Avenue Ministries
- Wholeheartedness Talk for EnGedi Church Formation School
- Wholeheartedness Talk at North Holland Church
- “The Three Movements of a Man’s Life” Men’s Retreat for Liberti Church, Philadelphia
- Wholeheartedness Retreat for Oakland City Church, Oakland CA
- Distinguished Alumni Award and Speaker at Dordt College, IA
- “Wholeheartedness and the Christian Journey toward Union with God” at Mars Hill Church Formation School
- Teaching on Wholeheartedness for the Denver Institute for Faith and Work, Denver CO
- Preaching at Westminster Church Grand Rapids

2017

- Staff retreat for The Reformed Church of Bronxville, NY
- Preaching at Community Reformed Church Manhasset
- Wholeheartedness Retreat for Desire Street Ministries, Orlando
- Enneagram Retreat for Mission India based in Holland MI
- “Compassionate Caregivers Retreat” for 2200Arch Counseling and Liberti Church, Philadelphia
- “Seven Pathways to Transformation Retreat” for City Church Greensboro in Asheville, NC
- Preaching on two occasions at Mars Hill Bible Church
- “I Belong, Body and Soul” at Christ in the City, Pillar Church Holland
- Wholeheartedness Retreat for Therapists, Cornerstone University

- Leaving Egypt Retreat for Fellowship Reformed Church, MI
- Wholeheartedness Retreat for Church of the Advent in Wash DC
- Enneagram Retreat Calvary CRC Holland MI
- “Seven Pathways to Transformation” for CRC Regional Pastors Gathering
- Leaving Egypt Church Retreat for Trinity Church Orange City
- Chapels – Dordt College and Northwestern College
- “Deepening Spiritual Transformation” Fuller Theological Seminary Doctor of Ministry Course

2016

- Western Theological Seminary Board of Trustees, Presentation on Wholeheartedness in Phoenix AZ
- Twin Falls Church, ID - Preaching
- “Engaging Difficult Conversations” for Reformed Church in America General Synod, Chicago IL
- Wholeheartedness Retreat for First Pres. Church Grand Rapids, MI -
- “Seeker-Comprehensibility: A Vision for Christian Mission” at Pillar Church, Holland MI
- “Wholeheartedness” for Dordt College Monday Speaker Series
- Northwestern College - Chapel Speaker
- Marriage Retreat for Santa Cruz Bible Church, Santa Cruz, CA
- Wholeheartedness Retreat for The Soul Care Project, Vero Beach FL

2015

- Newbigin Fellowship, SF - One day course on Relationships and Sexuality in the City
- City Church San Francisco - Marriage Retreat
- Episcopal Diocese of South Georgia - Leadership Development Retreat
- City Church San Francisco - Silent Retreat
- Dordt College - Keynote Address –Pastor’s Conference
- Northwestern College - Chapel Speaker
- Pillar Church and Fellowship Reformed Church, MI - Men’s Retreat
- Seminar on Pastoral Formation, Ministerial Formation and Credentialing Agency, RCA (a 3 credit course for pastors entering the RCA from other denominations)
- Hope College – Three Day Chaplains Retreat
- Covenant Presbyterian, Birmingham AL - Marriage Retreat
- City Classis – “Growth and Transformation”
- New Clergy Conference, Albany Synod, RCA
- Christian Healthcare Corporate Conference, NJ – “Toughest People to Love”
- Community Reformed Church, Long Island - Speaking and preaching on behalf of WTS Advancement
- Central FL Episcopal Diocese - Clergy Retreat

2014

- Newbigin Fellowship, SF - One day course on Relationships and Sexuality in the City
- City Church San Francisco - Leadership Development Retreat
- Grace Church Seattle – “Loving Difficult People”
- Keynote Speaker – Spanish River Church Planter’s Conference
- Keynote Speaker - Reformed Communion Conference, Atlanta, GA
- Seminar speaker at the American Association of Christian Counselors conference, Branson, MO

2013

- Calvin Seminary, Workshop Speaker - Missional Reading of Scripture Conference – “Missional Spirituality”
- Finding God in our Wildernesses, Christian Principals Assoc. of British Columbia
- Liberti Church Philadelphia – Leadership Development Retreat
- City Classis Plenary Speaker – “Insights from Interpersonal Neurobiology for Pastoral Life”
- ELI Fellowship Portage Speaker – “Theological Formation and the Christian Life”

2012

- Neuroscience and Story: Public Lectures on the Intersection of Neuroscience and the Human Experience, Marines Memorial Theater San Francisco
- UCSF Law School - "Mindful Leadership"
- City Classis - A Vision for Christian Formation
- City Church SF - Community Group Leaders Retreat
- Liberti Church Philadelphia - Leadership Development Retreat
- Christ Church East Bay – Leadership Development Retreat
- Surge Network – Exploring the Contours of Vocation
- Surge Network – Leadership from the True Self

2011

- Leadership for the Church in Mission w/ Dr NT Wright - Break-out Session Speaker - "Faith and Work" and "The Spiritual Life of the Pastor"
- Pacific Crossroads Church, Los Angeles - Community Group Leaders Retreat
- City Classis – "The Spiritual Life of the Pastor"

2010

- Sierra Leadership Network – "Texts and Subtexts of a Pastor's Life"
- Renew South Florida and Redeemer's City-to-City Urban Church Planting Network – The Spiritual Life of a Church Planter (a talk given with Tim Keller, followed by Q & A - <http://www.renewsouthflorida.com/2010/04/chuck-degroat-spiritual-life-of-a-church-planter/>)
- Newbigin House Preaching Class – "Exegeting Culture"

2009

- Synergy – The Emergent Church; How to do a Ph.D.; Discussion Panel
- City Church San Francisco – "Return of the Prodigal Son" Church wide retreat
- City Classis – "The Pastor as Minor Poet"

2008

- Nature Coast PCA, Orlando, FL – Men's Retreat
- CNL Bank Corp., Orlando, FL – 12 week Cultural and Theological Worldview Course

2007

- Knox EPC, Detroit, MI – Marriage Retreat
- University PCA, Orlando, FL. – A Biblical Understanding of Male Sexuality
- Reformed Theological Seminary – Lectio Divina

2006

- Ascension Episcopal Church, Orlando, FL – Men's Retreat
- University PCA, Orlando, FL. – Marriage Retreat
- Seven Rivers PCA – Male Spirituality
- Campus Crusade – RTS Charlotte Class – "Sanctification"

2005

- Nature Coast PCA – Men's Retreat
- University PCA, Orlando, FL. – Sexual Addiction Seminar

2004

- St. Paul's PCA - Pop Culture and Sexuality

2003

- Central Florida Presbytery (PCA) – Sexual Addiction

2002

- Central Florida Christian Association of Psychological Studies - A presentation on the history and development of soul care and psychology through the ancient notion of *curam animarum*.

2001

- Covenant College, GA. – 3 Day Lectures on Vocation and Calling

BOOKS

- Monograph - Expectation versus reality among male graduates of seminary who entered the ministry: A phenomenological study published by VDM Verlag Dr. Müller Aktiengesellschaft & Co. 2008
- Leaving Egypt: Finding God in the Wilderness Places, Square Inch 2011
- The Toughest People to Love: Leading and Loving the Difficult People in Your Life, Eerdmans 2013
- Wholeheartedness: Busyness, Exhaustion, and Healing the Divided Life, Eerdmans 2016
- Falling into Goodness: A Lenten Devotional (self-published through Amazon Publishing), 2018
- "Anxiety: A Christian Perspective" (mini-book), The Discovery Series
- When Narcissism Comes to Church: Healing Your Community from Emotional and Spiritual Abuse, IVP 2020
- Healing What's Within: Coming Home To Yourself and God When You're Wounded, Weary, and Wandering, Tyndale, 2024
- Forthcoming: Who You're Becoming: The Slow and Courageous Work of Cultivating Character In a Narcissistic Age, Tyndale, 2026.

BOOK FOREWORDS

- The Sacred Art of Slowing Down, AC Seiple, Tyndale 2025
- The Shattered Soul, Colleen Ramser, Tyndale 2025
- The Enneagram for Spiritual Formation, AJ Sherril, Brazos, 2020
- Companions in the Darkness: Seven Saints Who Struggled with Depression and Doubt, Diana Gruver, IVP 2020
- The Enneagram of Discernment, Drew Moser, Falls City Press, 2020
- The Sacred Pulse: Holy Rhythms for Overwhelmed Souls, April Fiet, Broadleaf, 2021

ARTICLES AND ESSAYS

- "Narcissism through a Trauma-Informed Lens" for the Christian Trauma Healing Network, April 2022
- "Narcissism in the Church" in The Banner, November 2020
- "When Narcissism Comes to Church" in Eternity News, March 2020
- "The Many Faces of Narcissism in the Church" in Christianity Today, Feb 2020
- "After Narcissism's Come to Church, Stories Can Heal Us" in Psychology Today, Jan 2020
- "Pastor, Why Are You Hiding?" in Christianity Today, January 2019
- "The Enneagram Issue: Reflective or Reactive?" in In All Things, September 2019
- "Fauxnerability and Vulnerability: Learning the Difference is Essential for a Leader," in In All Things, September 2018
- "Uncomfortable Conversation," in The Banner, July 2018
- "Seeing Clearly" in In All Things, 2018
- "Learning to Put on the Mind of Christ," in The Banner, March 2018
- "The Toughest People to Love," in The Banner, December 2016
- "Am I Doing Enough" in In All Things, May 2016
- "The Long Invisible Bag" in In All Things, January 2015
- "Becoming Ourselves: Anthropological Musings for Christian Psychologists" Religions 2014, 5(1), 268-276.
- "On Being Generously Reformed" in The Twelve, Jan. 2014

- “Why Everyone Should Be In Therapy (Including You)” in Q Ideas
- “A Church for the City” in Perspectives: A Journal of Reformed Theology, Mar 2012
- “Black Bag Theology” in Perspectives: A Journal of Reformed Theology, Dec 2011
- “Spiritual or Psychological: Dark Nights have Many Dimensions” in Christianity Today’s Leadership Journal, Fall 2011
- “The Parts We Play: Anthropology and Application to Expand Vanhoozer’s Proposal” in Edification: The Transdisciplinary Journal of Christian Psychology, 2011
- “Life as Liturgy,” Relevant Magazine, February 2011
- “Our Love-Hate Relationship with the Church,” Relevant Magazine, July 2010
- “The New Exodus as a Model for Soul Care” in The Journal of Psychology and Theology, Fall 2009
- Review of The Shack in Rock and Sling: A Journal of Literature, Art and Faith 2008
- Review of The Language of God in Rock and Sling: A Journal of Literature, Art and Faith 2007
- “The Challenge for Racial Diversity” in ByFaith 2005
- “A Growing Hunger for Honesty and Authenticity” in ByFaith 2005
- “A Liturgy for Grief: The Urban Church and Lament,” at ChurchLeaders.Com
- “What Missional Is Almost Always Missing,” at ChurchLeaders.Com
- Multiple articles published in The Other Journal and Third Millennium magazine 1998 – present
- Blog www.chuckdegroat.net

VIDEO COURSES (AT CHUCKDEGROAT.NET)

- Contemplative Prayer
- Seen, Known, and Loved
- Wild Country of the Heart
- Spiritual Abuse in the Church
- Narcissism in the Chair

SELECT AUDIO, INTERVIEWS, AND PODCASTS

- Healing What’s Within – Allender Center Podcast (2024)
- Healing What’s Within – Alison Cook Podcast (2024)
- Healing What’s Within – Being Human with Steve Cuss (2024)
- Healing What’s Within – Blake Roberts Podcast (2024)
- Healing What’s Within – Brimstone Coaching Group Podcast – Chris Godfresen and Curt Bush (2024)
- Healing What’s Within – Brian Allain (2024)
- Healing What’s Within – Brian Lee (2024)
- Healing What’s Within – Carey Nieuwhof (2024)
- Healing What’s Within – Christine – IMBetween Podcast (2024)
- Healing What’s Within – Christa Hardin – Enneagram and Marriage Podcast (2024)
- Healing What’s Within – Collaborative Podcast (2024)
- Healing What’s Within – Cory Fenn (2024)
- Healing What’s Within – Counsel for Life (2024)
- Healing What’s Within – Dan Koch – progressive (2x) (2024)
- Healing What’s Within – Dr. Carol Ministries (2024)
- Healing What’s Within – Embodied Faith (2024)
- Healing What’s Within – Embodied Faith Podcast (2024)
- Healing What’s Within – Future Christian Podcast (2024)
- Healing What’s Within – Godly Response to Abuse in Christian Environments (GRACE) – Live Conversation with Wade Mullen (2024)
- Healing What’s Within – Gravity Commons (2024)

- Healing What's Within – Holy Shift (2024)
- Healing What's Within – Janelle Rardon – Today's Heartlift (2024)
- Healing What's Within – Jay Pathak – Vineyard Church (my story + pastoral formation) (2024)
- Healing What's Within – Jeff Pinkleton (2024)
- Healing What's Within – Jon Seidl (2024)
- Healing What's Within – Joshua Johnson – Shift Culture Podcast (2024)
- Healing What's Within – Kim Honeycutt – Flip Your Lid (2024)
- Healing What's Within – Leader's Journey Podcast (2024)
- Healing What's Within – Leah Denton – Psycho Therapy Podcast (2024)
- Healing What's Within – Lisa Colon Delay – Spark My Muse (2024)
- Healing What's Within – Lori Adams-Brown Podcast (2024)
- Healing What's Within – Marcus Watson (2024)
- Healing What's Within – Mike Goldsworthy – Space for Faith (2024)
- Healing What's Within – Nine Design (2024)
- Healing What's Within – Onward Podcast – Cory Fenn (2024)
- Healing What's Within – Peter Bell – conservative, doing series on Doug Wilson (2024)
- Healing What's Within – Psychologically Healthy (2024)
- Healing What's Within – Pursuing Redemption (2024)
- Healing What's Within – Randal Rauser (2024)
- Healing What's Within – Roys Report Podcast (2024)
- Healing What's Within – Sarah Westfall (2024)
- Healing What's Within – Saturate with Jeff VanderStelt (2024)
- Healing What's Within – Starfish and the Church Podcast (2024)
- Healing What's Within – Taylor Murray – Faith and Feelings (2024)
- Healing What's Within – Thirty One Eight (2024)
- Healing What's Within – Tom Rundel (2024)
- Healing What's Within – Tyler Zach – Enneagram and Mental Health Summit (2024)
- Healing What's Within – Whitney Owens – Wise Practice (2024)
- Healing What's Within – Your Enneagram Coach (YEC) Podcast (2024)
- "Narcissism in the Church" with the Truth to Table podcast, October 2022
- "Narcissism in the Church" with Untangled Faith podcast, July 2022
- Conversation on spiritual formation with the Taste and See podcast, May 2022
- "Decoding the Narcissist," on the Single Mom's Podcast, March 2022
- Narcissism, Pride, and Humility conversation with the Englewood review of Books podcast, October 2021
- Contributor to the Rise and Fall of Mars Hill podcast from Christianity Today (Summer/Fall 2021)
- "Narcissism in the Church" Allender Center, January 2021
- "When Narcissism Comes to Church," w/ Scot McKnight, January 2021
- Not My Story Podcast with Sarah Westfall, August 2020
- "Narcissism and the Enneagram" Typology Podcast with Ian Morgan Cron, May 2020
- "When Narcissism Comes to Church" Pastor/Writer Podcast, April 2020
- "The Problem of Narcissistic Pastors" The Roys Report Podcast, March 2020
- "Narcissism in the Church" Amplify with Father Ron, March 2020
- "When Narcissism Comes to Church" Casey Trygett Podcast, March 2020
- "Narcissism 101" Middays with Susie Larson, March 2020
- "Distinctives of Soul Care" Potters Inn Podcast, January 2020
- "Internal Family Systems and Narcissism in Leaders" Managing Leadership Anxiety Podcast, January 2020
- "How Narcissism Shows Up For Each Type on the Enneagram" Gravity Leadership Podcast, December 2019
- "Fostering the Presence of God" Nine to Five Podcast, June 2019
- "Self-Care and the Enneagram" The Enneacast, May 2019

- “Healing the Divided Self” Changing Company, April 2019
- “Wholeheartedness, Contemplative Spirituality, and Narcissism” Cultivated Podcast Sept 2019
- “Why We Love Narcissistic Leaders” Gravity Leadership Podcast, June 2019
- “Wholeheartedness” Parts 1 and 2, Restoring the Soul Podcast, April 2019
- “Narcissistic Personalities” Mockingbirds and Mariners Podcast, March 2019
- “Narcissism: What It Is and Why It’s So Toxic” The Place We Find Ourselves Podcast, February 2019
- “Chuck DeGroat and a Life of Wholeheartedness” Faith and Work Podcast, January 2019
- “Masculine Initiation” Undone Redone Podcast, June 2018
- “Wholeheartedness” New 4RMations Podcast, June 2018
- “Wholeheartedness and the Contemplative Life” Invitation Podcast, May 2018
- A more comprehensive list of podcasts available at <https://www.owltail.com/people/ne8uD-chuck-degroat/appearances>
- Sermons and talk available at from Chuck’s time pastoring at City Church SF <http://www.citychurchsf.org/Media>

PROFESSIONAL COUNSELING QUALIFICATIONS

- Licensed Professional Counselor, Michigan